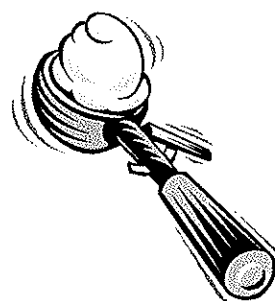


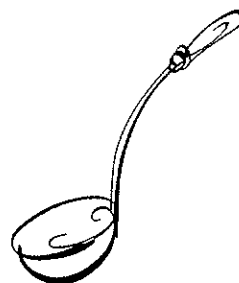
Portion Control – Measuring Equipment

Scoop/Dipper Number	Level Measure
6	2/3 cup
8	1/2 cup
10	3/8 cup
12	1/3 cup
16	1/4 cup
20	3 1/3 Tbsp.
24	2 2/3 Tbsp.
30	2 Tbsp.
40	1 2/3 Tbsp.
50	3 3/4 tsp.
60	3 1/4 tsp.
70	2 3/4 tsp.
100	2 tsp.



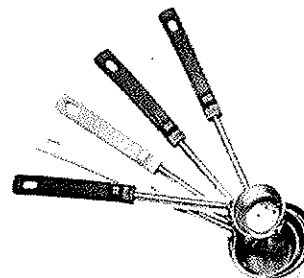
The number of the scoop or dipper indicates the number of level scoops it takes to fill one quart. Scoops or dippers are used to portion muffins, mashed potatoes, cookies, meat mixtures, etc.

Ladles*	Level Measure
1 oz.	1/8 cup
2 oz.	1/4 cup
4 oz.	1/2 cup
6 oz.	3/4 cup
8 oz.	1 cup



The size of the ladle is located on the handle. Ladles are used in serving soups, stews, sauces, gravies, etc.

Spoodles*	Level Measure
2 oz.	1/4 cup
3 oz.	3/8 cup
4 oz.	1/2 cup
6 oz.	3/4 cup
8 oz.	1 cup



A spoodle is a combination spoon and ladle that is available either in perforated or solid form. Its size is usually indicated on the handle. Spoodles are used primarily for serving fruits and vegetables.

* The size of the ladle/spoodle is stated in ounces. The manufacturer of these utensils means “fluid ounces.”

**Nebraska Department of Education
Nutrition Services
School Meals Staff**

301 Centennial Mall South
P.O. Box 94987
Lincoln, Nebraska 68509-4987

Web Site: <http://www.nde.state.ne.us/NS>

Online Claims and Applications:
<http://cnp.nde.state.ne.us/>

Central Office(402) 471-2488
Toll Free (outside Lincoln - Nebraska only)(800) 731-2233
FAX(402) 471-4407

Bev Benes, PhD, R.D., Assistant Director (402) 471-4620
e-mail: Bev.Benes@nde.ne.gov
Mary Ann Brennan, R.D., Program Specialist (402) 471-3658
e-mail: Maryann.Brennan@nde.ne.gov
Laura Byrns, R.D., Program Specialist (308) 535-8305
e-mail: Laura.Byrns@nde.ne.gov
Pat Dvorak, Staff Assistant(402) 471-2488
e-mail: Pat.Dvorak@nde.ne.gov
Michelle Stephens, Program Specialist (402) 471-2487
e-mail: Michelle.Stephens@nde.ne.gov
Sue Gilleland, Office Assistant (402) 471-2488
e-mail: Sue.Gilleland@nde.ne.gov
Connie Stefkovich, R.D. Administrator (402) 471-3566
e-mail: Connie.Stefkovich@nde.ne.gov
Shawn Vondracek, R.D. Program Specialist .. (402) 471-0960
e-mail: Shawn.Vondracek@nde.ne.gov

Financial Services Staff

Margaret Clark, Accounting Clerk (402) 471-3571
e-mail: Margaret.Clark@nde.ne.gov
Paul Haas, Financial Aid Accountant (402) 471-3563
e-mail: Paul.Haas@nde.ne.gov
Sheila Hines, Accounting Clerk (402) 471-3565
e-mail: Sheila.Hines@nde.ne.gov

**For information on Commodities, contact the
Nebraska Department of Health and Human Services**

Julia West (402) 471-9291
e-mail: Julia.West@hhss.ne.gov

**For information on Health Inspections and
Regulations, contact the Nebraska Department of
Health and Human Services**

Troy Huffman(402) 471-0387
email: Troy.Huffman@hhss.ne.gov

Technical Assistance: Nutrition Services Program Specialists are available to help you with any part of your food service operation. Please call regarding regulations, meal pattern, production records, standardizing recipes, meal service issues, job descriptions, labor hours, budget problems, nutrient analysis, etc. We want to help you make your program as efficient as possible.

CRE: Coordinated Review Effort: NDE visits every school district at least once every five years. Advance notice is given. Free and reduced price meal applications, the meal counting system, claim preparation and recordkeeping, menus and production records for the school year are reviewed. A lunch meal service is observed.

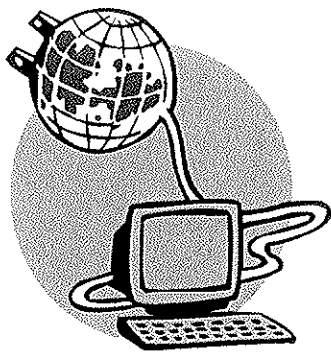
SMI: School Meals Initiative Review: Before the CRE, a nutrient analysis of one week of menus is completed. The results are reviewed during the visit. Other areas such as portion control, standardized recipes and labor hours are also covered. Written follow-up is sometimes requested to assure meals meet meal pattern and nutrient standards, production records are done correctly and standardized recipes are being developed.

SNA Membership/Certification

The School Nutrition Association (SNA) is the national organization for individuals working in the field of child nutrition. Membership in SNA automatically enables an individual to be a member of the state association, the Nebraska School Nutrition Association (NSNA). Members can become certified as a School Foodservice Manager by meeting specific training and educational requirements.

Nebraska Training and Education for Nutrition Teams (NTENT)

This is a training program designed for school foodservice managers and staff. It is sponsored by the Nebraska Department of Education-Nutrition Services and partners. The program provides training to meet SNA certification requirements, training for job performance improvement and professional growth. The curriculum includes classes, activity-based learning and hands on training in food preparation. It is held in June at the University of Nebraska-Lincoln's East Campus.



Important Web Addresses

<http://cnp.nde.state.ne.us>

Address for Web-Based School Lunch Application and Claims

<http://www.nde.state.ne.us/ns/>

Address for Nutrition Services Home Page

Free and Reduced Price Meal Information/Forms

Verification Information/Forms

Production Records

Food Thoughts – Newsletter

Financial Forms

Electronic Fund Transfer Dates

Latest information on USDA food recalls

Linked to the web-based sites for submitting applications/claims/reports

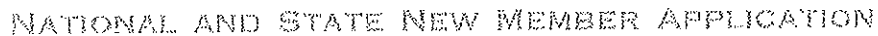
Important Phone Numbers

Nutrition Services	800-731-2233 (In Nebraska)
	402-471-2488
	308-535-8305 (North Platte Office)

Important Fax Numbers

Nutrition Services	402-471-4407
--------------------	--------------

Financial Services	402-471-6351
--------------------	--------------



- | | | |
|------------|---|-----------|
| First Name | M | Last Name |
| | | |

Job Title	

[illegible][illegible]

⑦ Who introduced you to SNA? First Name Last Name

(8) Home Phone () () () - () () () Business Phone () () () () () Extension () () () Fax Number () () () - () () ()

Address	

City															State		Zip					

Address		Content	

City	State	Zip

(11)	School Foodservice <input type="checkbox"/> Child Care <input type="checkbox"/>	Dues Amt
	<input type="checkbox"/> Employee <input type="checkbox"/> Student <input type="checkbox"/> Retired <input type="checkbox"/> Assistant Manager <input type="checkbox"/> Manager	\$25 \$27
	Director/Supervisor/Specialist:	
	<input type="checkbox"/> District <input type="checkbox"/> Major City <input type="checkbox"/> State Agency <input type="checkbox"/> Child Care Director	\$90
	<input type="checkbox"/> Other (Principals, Superintendents, Teachers, etc.) <input type="checkbox"/> Nutrition Educator (College/University Level)	
	<input type="checkbox"/> Affiliate Retired <input type="checkbox"/> Affiliate Part-Time	\$10

(14) Are you the District Director of foodservice operations? ☐ Yes ☐ No

E-mail

(16) NATIONAL DUES \$

--	--	--	--	--

NE (17) STATE DUES \$ 15.00

⑮ TOTAL DUES \$

--	--	--	--	--

Foundation (Funds/Scholarships for members) \$

\$5 _____ \$10 _____ \$15 _____ Other

Other Contributions	\$.	
---------------------	----	--	--	--	---	--

②1 TOTAL PAYMENT \$

--	--	--	--	--

SNA
PO BOX 791004
BALTIMORE, MD 21279-1004

Date

--	--

 /

--	--

 /

--	--	--	--

Return form with your check. See reverse side for important information.
*DUES SUBJECT TO CHANGE.

SNA National and State Membership Application Guidelines
(formerly American School Food Service Association)

Please print clearly. Complete all appropriate items.

1. Have you ever been an SNA member before? Check yes or no, whichever applies to you.
2. Print legibly your full name as you would like it to appear in the membership record and on your membership card.
3. Print your current job title.
4. Print your current school district.
5. Print your current school name.
6. If you know your local chapter number, please fill in.
7. Full name of sponsor who introduced you to SNA.
8. Enter your home, business, and fax number.
9. Full mailing address (address abbreviations listed below). Check the appropriate box.
10. Full secondary address (address abbreviations listed below). Check the appropriate box.
11. Please review the membership categories listed. Check one that best describes your position and the dues amount.
12. Please check if you are employed by public school, private school, or private management company.
13. Does your employer pay your dues? Check yes or no, whichever applies.
14. Are you a director of foodservice operations? Check yes or no, whichever applies to you.
15. Enter your e-mail address (if you have one).
16. Record your national dues based on membership category checked.
17. Record your state dues based on the state dues listed on left side of application under your "state dues are."
18. Please add National and State dues amounts. This is the total dues to be paid.
19. Please make your check payable to the name printed on the left. Do not send cash.
20. Mail your application and payment to address printed on the bottom left side of form under "please make your check payable to."
21. Add National and State dues and any optional contributions. This is the total payment.
22. Please sign and date your completed application.

Membership dues cover a full year of membership benefits. Processing of applications takes approximately two to four weeks from date of receipt. Members will receive an SNA membership card within two weeks once application has been processed. If you have any questions regarding this application, please call the SNA Service Center at 800-877-8822.

Standard Address Abbreviations:

Avenue - Ave	Circle - Cir	Lane - Ln	Road - Rd	Street - St
Boulevard - Blvd	Drive - Dr	Highway - Hwy	Route - Rte	

State Dues Category	Description	Used For	National Membership Dues
FNE	Foodservice/Nutrition Employee	Cooks, bakers, bookkeepers, technicians, assistants, etc.	\$25
CCE	Child Care Employee	Child / Day / Family / Home Care Center Providers.	\$25
STU	Student	Full-time students enrolled in college/university foodservice, nutrition or dietary program.	\$25
RET	Retired	Retired school foodservice workers.	\$25
SFM	Foodservice/Nutrition Manager	Managers, head cooks, assistant managers.	\$27
CCM	Child Care Manager	CACFP Supervisory Staff.	\$27
DDS	Foodservice/Nutrition Directors, Supervisors, Specialists	Working in the foodservice program at the school district level.	\$90
MCD	Foodservice/Nutrition Directors, Supervisors, Specialists (Major City)	Working in a foodservice program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$90
SBS	State Agency Directors, Supervisors, Specialists	Working in state office for child nutrition programs, including nutrition education.	\$90
CCD	Child Care Director	CACFP Sponsor.	\$90
EDU	Foodservice/Nutrition Educator	Faculty or foodservice directors working in a college/university setting.	\$90
OTH	Other	Principals, Superintendents, Teachers, etc.	\$90
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time foodservice staff. Does not include a subscription to <i>SF&N</i> magazine or the right to vote in the annual SNA election.	\$10
AFR	Affiliate Retired		\$10

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the *SF&N* magazine.

School Nutrition Association * 700 South Washington Street Suite 300 * Alexandria, VA 22314
Phone: 800-877-8822 * Fax: 703-739-3915 * Web site: <http://www.schoolnutrition.org> * E-mail: membership@schoolnutrition.org

My SNA | Register | Search


[Child Nutrition U - Wellness System](#) - [Online Communities](#) - [Legislative Action](#) - [CN Marketplace](#) - [Jr Emporium](#)
[News & Publications](#)[Meetings & Events](#)[Child Nutrition](#)[Continuing Education](#)[Recipes](#)[Join SNA](#)[About SNA](#)[Child Nutrition Foundation](#)[Tools You Can Use](#)[Keys to Excellence](#)[Hot Topics](#)**Login**

Username:

Password:

[Child Nutrition](#) > [Local School Wellness Policies](#) >

Local School Wellness Policies

One section of the Child Nutrition and WIC Reauthorization Act of 2004 requires that all school districts that participate in the National School Lunch Program have local wellness policies by July 1, 2006. The School Nutrition Association (formerly ASFSA) has put together tools to help assist the school community in dealing with this new requirement.

Questions about Local School Wellness Policies? Contact jksolmowski@schoolnutrition.org.

Related News

Date	Title
3/15/06	Come Together
3/13/06	Schools and Parents Tackling Nutrition and Wellness Policies
11/29/05	Schools Achieve Wellness
8/1/05	Your Local School Wellness Policy: Well-Balanced? Well-Crafted? Well-Grounded? Well-Planned?
3/31/05	Tools and Training Introduced to Develop Healthy School Environments

Details of the Law

The new law says that, at a minimum, the local policies should include:

- goals for nutrition education, physical activity, and nutrition guidelines selected by the local educational agency for all foods available on each school campus;
- establish a plan for measuring implementation of the local wellness policy;
- and involve parents, students, representatives of the school food authority, the school board, school administrators, and the public in the development of the school wellness policy.

The new law does not say what the details of the local policy should be, but does require that the policies be adopted by the first day of the 2006 school year. To meet this date, school districts should begin their process this year. That process must include forming the task force or working group described in the law to develop the local policy. The law requires that the group include a representative of the school food program. This offers a leadership opportunity for school food service professionals. [[View Complete Law](#) (in Adobe Acrobat format)]

Related L
[Model Guideli](#)
[Health & Well](#)
[Wellness CD](#)**E-Newslette**

First Name:

Last Name:

E-Mail:

SNA Local Wellness Policy Guidelines (in Adobe Acrobat format)
The School Nutrition Association's Executive Board and Nutrition Committee have unanimously approved the Local Wellness Policy Guidelines. The Guidelines serve as a tool to use when creating local wellness policies for your school districts.

Local Wellness Policies Frequently Asked Questions
Look here for responses to our most frequently asked questions.

Sample Wellness Policies
We are in the process of collecting and analyzing policies which will provide us with a national picture of local wellness policy development to help us better serve our members. We ask that you submit your approved local wellness policy to us by fax at 703-739-3915 or email [Alexis Steines](mailto:Alexis.Steines@schoolnutrition.org). These samples are for your consideration and may be used as a resource in the development or implementation of your local wellness policy.

Overview of the Local Wellness Policy Presentation
Use this PowerPoint presentation to bring yourself and other school administrators up to speed about what the law requires and what your district needs to do about it.

Resources
Several states have enacted competitive foods guidelines. In addition, several third party organizations also have compiled lists of nutritious snacks and beverages for à la carte lines and vending machines. Refer to the resources for more information about Local Wellness Policy Development and Implementation, Healthy School Environment, Nutrition Education, Fundraising in Schools, and Nutrition Guidelines."

Local School Wellness Policy Webinar
On June 7, 2005, the School Nutrition Association hosted a Local School Wellness Policy Webinar. This webinar was developed to provide more information about the requirements of the law and how to get started on developing a policy. A quiz is available to be taken for 1 CEU.

© Copyright 2006 School Nutrition Association | Questions regarding site: webmaster@schoolnutrition.org | [Privacy Policy](#)

SchoolNutrition.org

School Nutrition Association | 700 South Washington Street, Suite 300 | Alexandria, VA 22314
Phone (703) 739-3900 | Fax (703) 739-3915 | E-mail servicecenter@schoolnutrition.org
[Advertise on SchoolNutrition.org](#) | [Write for SchoolNutrition.org](#)


[Home](#) | [About Team Nutrition](#) | [FNS Newsroom](#) | [Help](#) | [Contact](#)

Search FNS

☐ Search all USDA

☐ Search Tips

Browse by Audience

 Information For ...

Browse by Subject

☐ Join the Team

☒ **Healthy Schools**
☐ School Success Stories

☐ Training Grants

☐ Resource Library

☐ MyPyramid for Kids

 You are here: [Home](#) > [Healthy Schools](#) > [Local Wellness Policy](#)

Healthy Schools

Local Wellness Policy

Congress recognizes that schools play a critical role in promoting student health, preventing childhood obesity, and combating problems associated with poor nutrition and physical inactivity. To formalize and encourage this role, Congress passed a law (P.L. 108 - 265). Each local educational agency participating in a program authorized by the Richard B. Russell National School Lunch Act (42 U.S.C. 1751 et seq) or the Child Nutrition Act of 1966 (42 U.S.C. 1771 et seq) shall establish a local school wellness policy by School Year 2006."

This legislation supports President George W. Bush's **HealthierUS initiative**. This Initiative helps Americans take steps to improve personal health and fitness and encourages all Americans, including children, to be physically active every day; eat a nutritious diet; get preventive screening; and make healthy choices.

The legislation also places the responsibility of developing a wellness policy at the local level, so that the individual needs of each district can be addressed. According to the requirements for the Local Wellness Policy, school districts must set goals for nutrition education, physical activity, campus food provision, and other school-based activities designed to promote student wellness. Additionally, districts are required to involve a broad group of individuals in policy development and to have a plan for measuring policy implementation.

These web pages serve as a clearinghouse of information on the Local Wellness Policy. Sample policies and reference materials are provided to help school districts as they develop their own wellness policies. These materials are intended for guidance and reference; however local policies are not limited to the examples listed here. Although these sample policies and materials have been provided to assist school districts in developing their own local wellness policies, USDA has not approved or endorsed any of them.

USDA is working with the Division of Adolescent and School Health (DASH) of the Centers for Disease Control (CDC), and the Office of Safe and Drug Free Schools of the Department of Education (ED) to review and compile these web-based resources. Recently joint letters signed and endorsed by the three federal agencies were sent to the chief state **school officers** and **district superintendents** explaining the requirements of local wellness policies.

- ☐ **Local Wellness Policy Requirements**
- ☐ **Local Process: How to Create, Implement, Evaluate a Wellness Policy**
- ☐ **Examples: Local Wellness Policies**
- ☐ **Implementation To Resources**
- ☐ **Funding a Local Wellness Policy**
- ☐ **Frequently Asked Questions**


[Home](#) | [About Team Nutrition](#) | [FNS Newsroom](#) | [Help](#) | [Contact](#)

Search FNS

- ☐ Search all USDA
- ☐ Search Tips

Browse by Audience

Information For ...

Browse by Subject

- ☐ Join the Team
- ☒ **Healthy Schools**
- ☐ School Success Stories
- ☐ Training Grants
- ☐ Resource Library
- ☐ MyPyramid for Kids

You are here: [Home](#) > [Healthy Schools](#) > [Local Wellness Policy](#) > [Policy Requirements](#)

Healthy Schools

Local Wellness Policy Requirements

On June 30, 2004, the President signed Public Law 108-265, the Child Nutrition and WIC Reauthorization Act of 2004. **Section 204 of this law** [PDF]. Each local educational agency participating in a program authorized by the Richard B. Russell National School Lunch Act (42 U.S.C. 1751 et seq) or the Child Nutrition Act of 1966 (42 U.S.C. 1771 et seq) shall establish a local school wellness policy by School Year 2006.

Many State agencies and school districts have already recognized the need to assist their students by encouraging healthy eating and physical activity. The number of State agencies that have developed model wellness policy language continues to grow. At the local level, over 31,000 schools have enrolled as Team Nutrition Schools and are striving to have an impact on their students' eating and activity behaviors.

Changing the Scene: Improving the School Nutrition

Environment provides a roadmap for assessing and improving school policies, in order to provide students with a healthy school nutrition environment. In the classroom students are taught to eat healthfully and to be active, but they also need the opportunity to practice those behaviors. Wellness policies combine education with practice to create healthful school environments and encourage healthy behavior.

Components of a Wellness Policy

As required by law, a local wellness policy, at a minimum, shall include:

- Goals for *nutrition education, physical activity and other school-based activities* that are designed to promote student wellness in a manner that the local educational agency determines is appropriate;

Sample policy language, existing state and local policies, implementation tools, and resources are available for:

- **Nutrition education**
- **Physical activity**
- **Other school-based activities designed to promote wellness**

- *Nutrition guidelines* selected by the local educational agency for all foods available on each school campus under the local educational agency during the school day with the

- ☒ **Local Wellness Policy Requirements**
- ☐ **Local Process: How Create, Implement, Evaluate a Wellness Policy**
- ☐ **Examples: Local Wellness Policies**
- ☐ **Implementation To Resources**
- ☐ **Funding a Local Wellness Policy**
- ☐ **Frequently Asked Questions**